

SUPERCALMING&HOLISTIC

Office Massage Welcome Pack



Hi There!

My name is Sarah McHarg and I am an award-winning Scottish/Welsh (which I call 'Scwelsh') business owner and massage therapist at Super Calming and Holistic. I am the only full-time, corporate masseuse, Solopreneur in all of Cardiff.

Thank you for taking the time to consider my services. My references are available upon request. If you need to know anymore information, please do not hesitate to contact me.

I look forward to hearing from you.

Many thanks, sincerely,

The Pitch

Super calming and holistic, treatments make you feel good, stress and strains and aches and pains, can put you in a bad mood. Spend an hour or two with me, and you will feel like you should, out of pain and so chilled out, much more than you thought you could!

Um-dittle-ittl-um-dittle-I (4x) massaged back and neck and thigh!

or face, take some chill out time with me, away

I can also treat your head or ears or neck

from the rat race, get in touch and book yourself a really

well earned treat, oh and I forgot to say, I also massage feet!

massaged arms and other thigh!

Um-dittle-ittl-um-dittle-I, (4x)

If you cannot visit me, then I can visit you, tell your boss well-beings days boost staff morale it's true, an office full of happiness with sharp ideas and vision, not to mention rosy cheeks with a cheery

disposition!



10 minutes 15 minutes 20 minutes 30 minutes More?

break inbetween so that the chair can be cleaned for the next customer. I allow myseld a lunch breaks lasting 40 minutes.

All treatments have a 5 minute

Insurance Insurance provided by Zurich

Professional Liability Insurance

Insurance plc includes:

Product Liability Insurance

Pubic Liability Insurance

Risk Insurance

Medical Malpractice / Treatment



Q I invoice the company for my time at £30 per hour. This payment method must be paid

Payment Plan

- within 7 working days. Staff pay cash in hand: £5 = 10 minutes or£10 for 20 minutes
- Subsidise 50/50 Company pays half | Staff pays half
- 6 If there is a cancellation, I must be notified within 72 hours. If it passes

this timeframe, the company is

- liable for 25% of the cost of the day/s. The cancellation payment must be paid within 7 working days. • If there are any late payments, there will be a 5% fee for every week that is past the deadline.

Complaints Procedure

If a complaint needs to be

made, here is what I need to

know: Time and Date?

Location of treatment What happened?

How would you like this to be resolved?

Send complaints to email address provided



The Top 5 Benefits are:

2) A great way to destress

1) An excellent alternative comfort break

physically and mentally

boosts staff morale

are more productive in work 4) Employees feel appreciated

3) Staff feel more relaxed and

for the work that they do and

5) When you look after your crew, they look after your ship





Holistic Menu:

Feet dangle

Swedish Massage

Indian Head Massage

More options coming soon... **Health & Safety**

Warm Bamboo Massage

All electrical appliances that I bring to the office are PAT tested.



Any contagious skin

before treatment/s:

Please read restrictions

disease/disorder Deep Vein Thrombosis

1st trimester of pregnancy

Diabetes: Warm Bamboo Undergoing cancer or

chemotherapy treatments



All staff members must complete a consultation form and have signed approval prior to

treatment.

Consultation Forms

Digital Security All consultation forms are kept in

filing system that is in keeping



Slot Gaps & No Shows

a super duper encrypted



If there are slot gaps on the timetable or customers do not show up for their appointment, full payment is required to cover the costs of my visit.

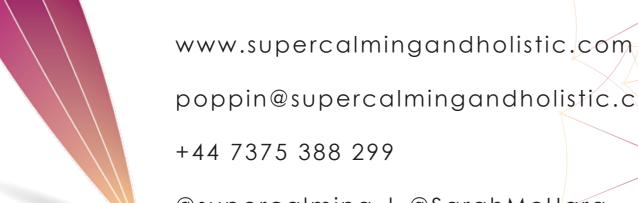


If a staff member presents any unacceptable behaviour during the appointment, the seated

Etiquette

Whoever is covering the cost will be liable for the full payment of the treatment.

massage will be terminated.



CONTACT

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